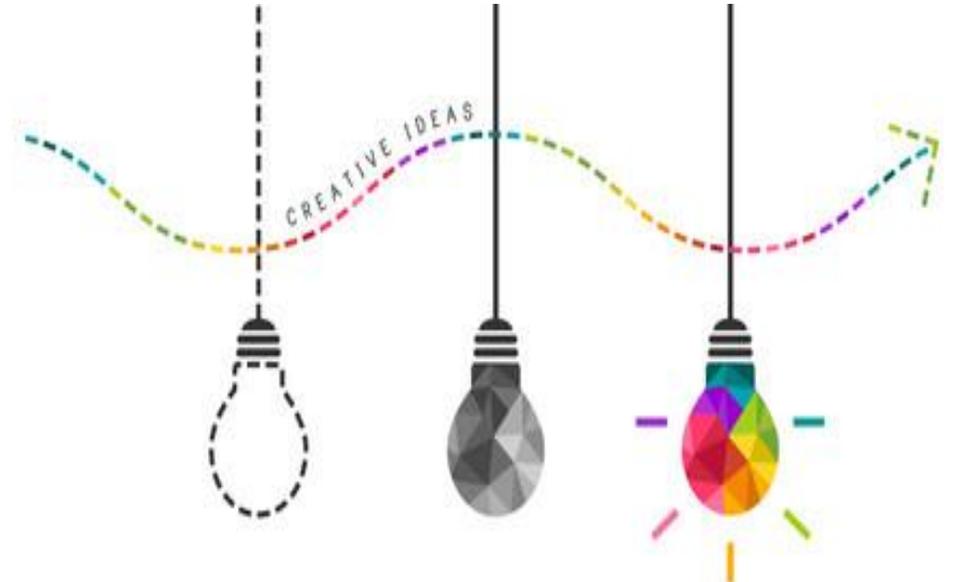


# REFLECTIONS UPON HUMAN CREATIVENESS. WITH REFERENCE TO HUMOR & HEALTH.





**Many people do visit Vitebsk today in search of the great creativeness of that place. It was a laboratory of artistic modernity from 1910-1930. Where has the creative spirit gone???**



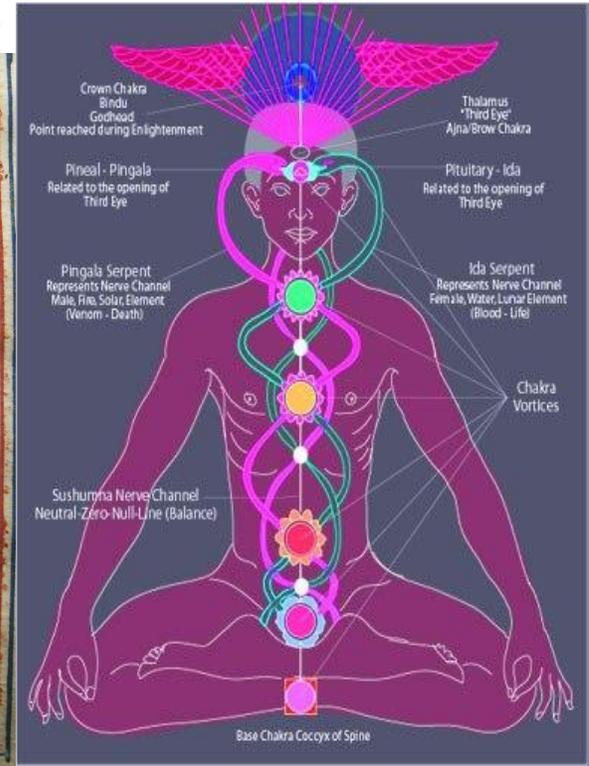
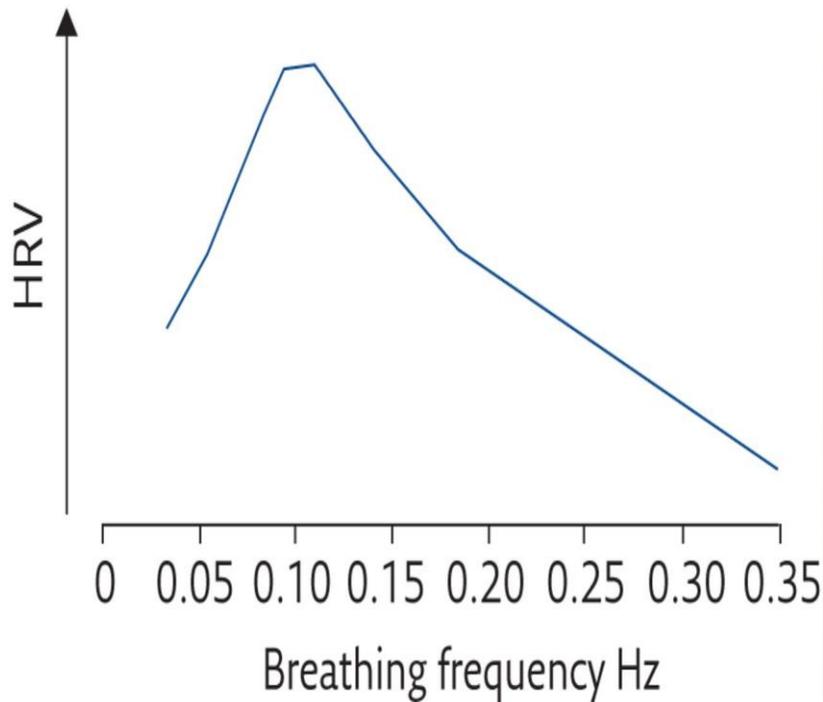
# IS THERE ANY FORMULA FOR CREATIVENESS???

- Work was hard in Vitebsk, but spirituality was strong.
- That makes for the formula: Hard work x spiritual sensitization = advanced creativeness.

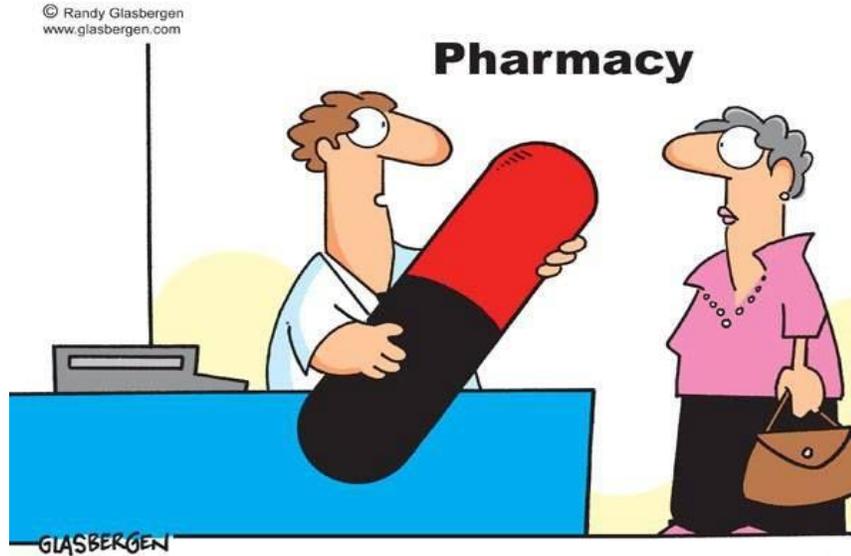


# HUMAN BREATHING IS SUSTAINED CREATIVE ACTIVITY.

- Warmth and coolness of the human breath have their own spiritual (electro-magnetic) power. It is practically possible to exhale all physical and spiritual impurities. The act of breathing is, therefore, the foundation of creativeness and directs the heartbeat.



**LAUGHTER IS THE BEST MEDICINE.  
HUMOR CAN GET YOU READY OF YOUR  
EGO.**



**“Each capsule contains your medication,  
plus a treatment for each of its side effects.”**



**NEVER GO TO A  
DOCTOR  
WHOSE OFFICE PLANTS  
HAVE DIED**

**Humor can be used as “diagnostic tool.”**

- Humor is an important, often overlooked tool. The better adjusted you are and the more satisfying your lifestyle, the more readily you will respond to the humor in jokes, cartoons, and everyday situations. Be aware of taking yourself too seriously. It is important to learn to laugh at yourself.

# The range of scientific methodology is definitely overrated, in terms of methodical reach.

- The scientific method is capable to detect repeatable events, like:
  - -medical diseases,
  - -economic crises,
  - -learning problems.

The Process of Science

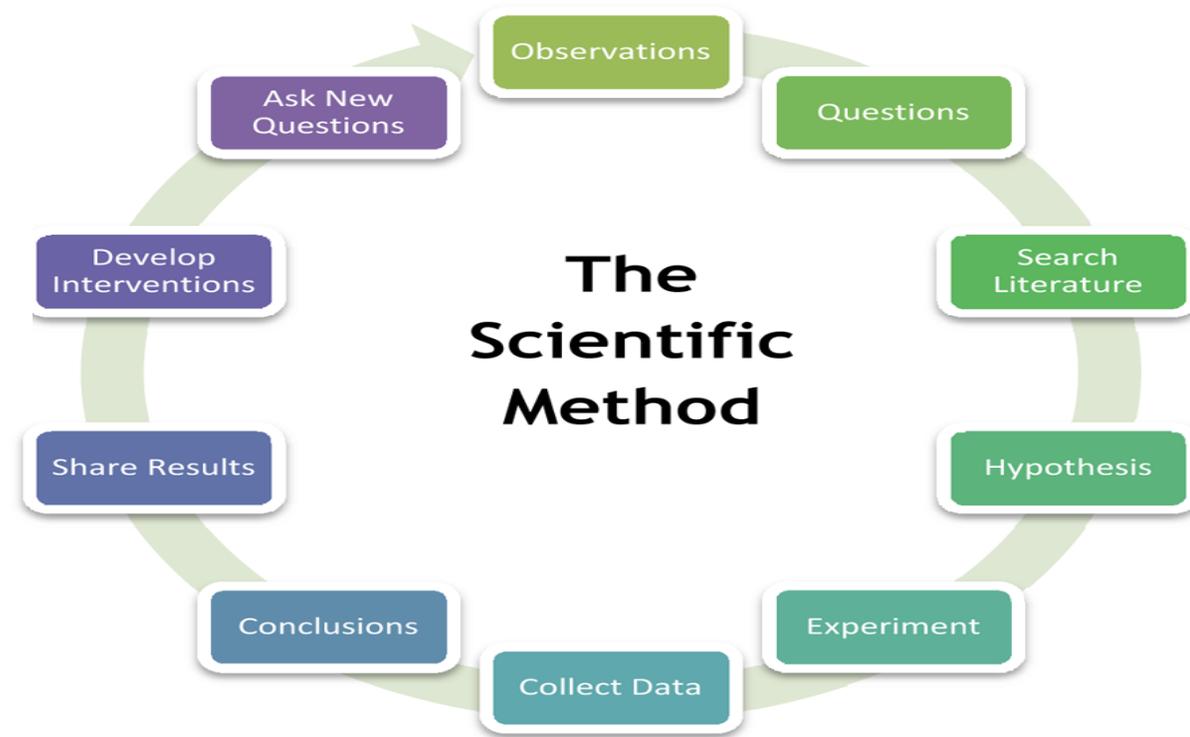


## The Heart of Science

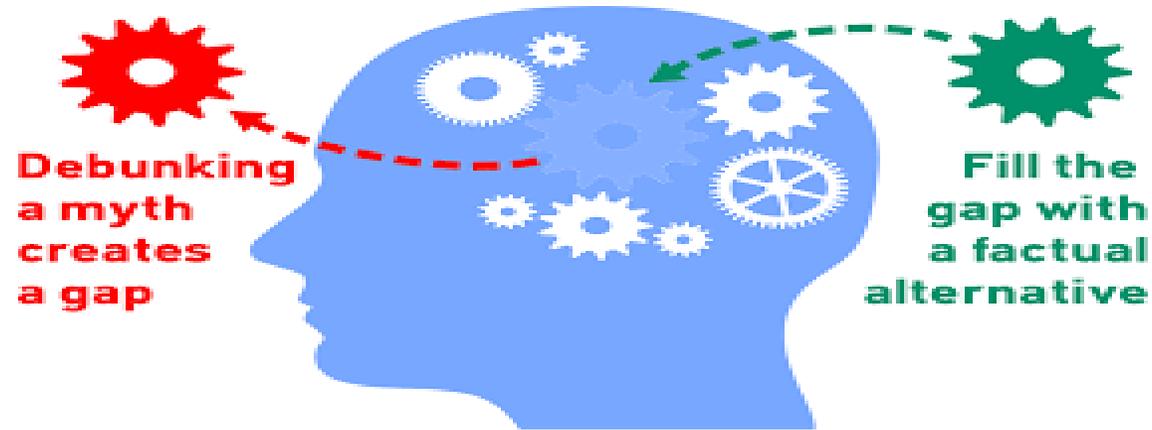


### The Scientific Methodology

- systematic **way to answer scientific questions** and present the results to the scientific community
- an **organized process** used by scientists to do research, and it provides a method for scientists to verify the work of others
- logical and orderly **procedure and investigation** leading to the discovery of facts and the relationships that exist between facts

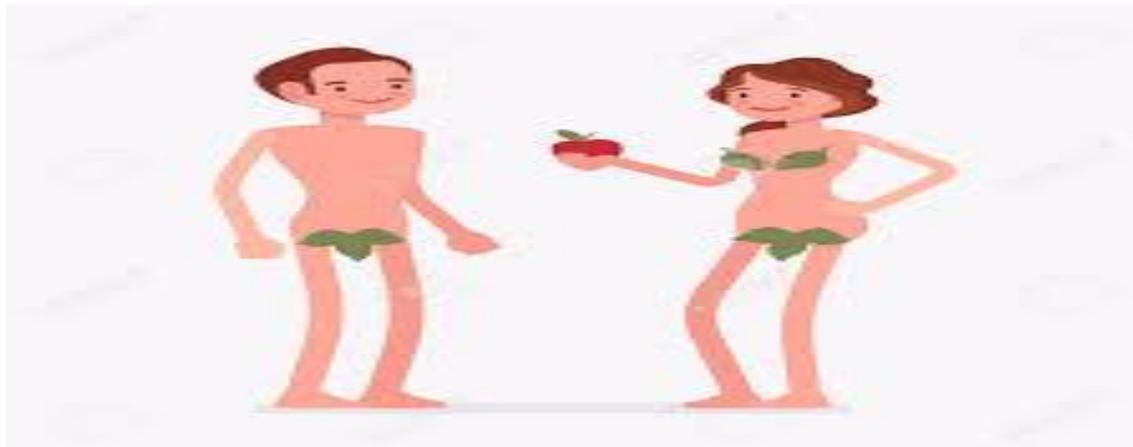


**The myth seems to be a vital part of human nature; it constitutes the collective psychology of folklore genre.**

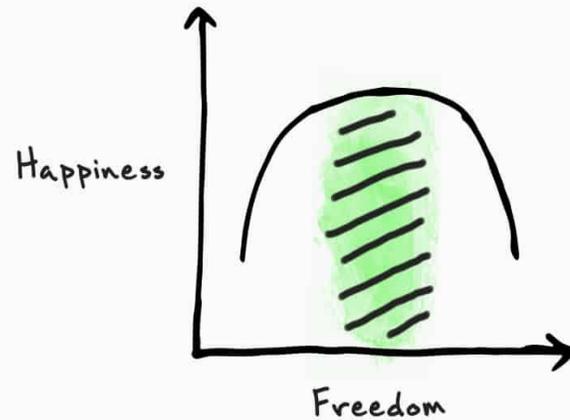


**"Too busy" is a myth.**

People make time for the things that are important to them.



**Freedom of choice cannot be free from external pressure; the choice is about internal alternatives of decision-making.**



DeanYeong.com

**FREEDOM IS  
REALIZING YOU  
HAVE A CHOICE.**

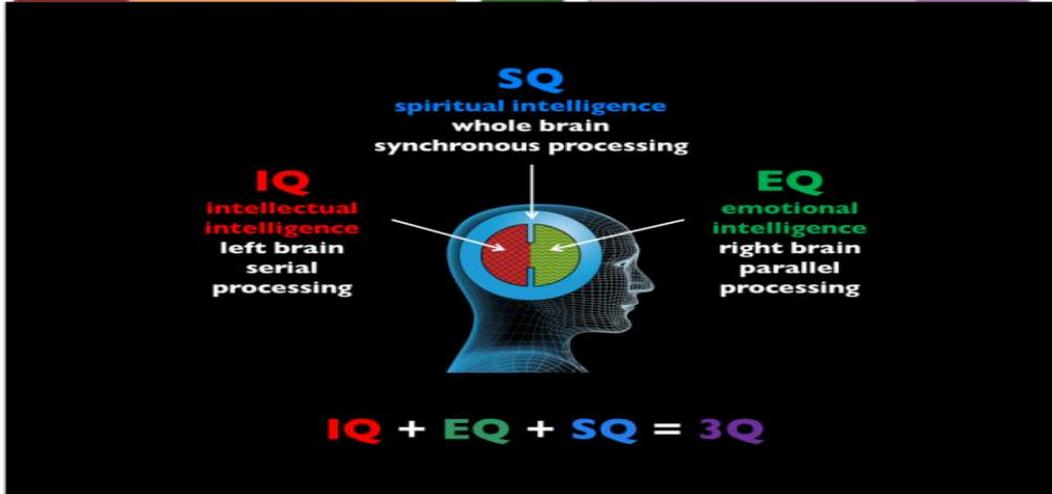
- T.F.Hodge

**FREEDOM = CHOICE =  
RESPONSIBILITY**

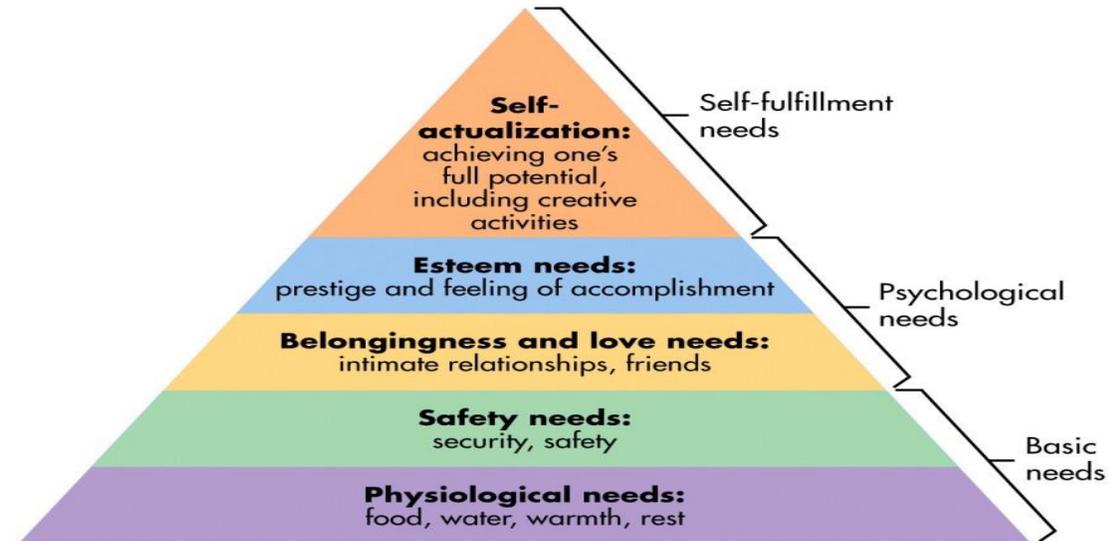
***The freedom to  
choose, even to be  
wrong, is a basic  
human right.***

# Creativeness is the state of being to realize your full human potential in this life.

Human Potential Meter



THE FULL HUMAN POTENTIAL



# Becoming co-creators is the heart of creativeness (sternyik/sol/sig/bb/aug.1/2020)



in creation & design



We are conscious co-creators in the evolution of life. We have free will. And we have choices. Consequently our success is based on our choices, which are, in turn, totally dependent on our awareness.

— Bruce H. Lipton —

AZ QUOTES



Let us concrete your dreams!

