

Health related experiments in alternative medications.

1. I experimented with acupressure the point from the thumb to the finger in the web from the last finger on the right hand side to the thumb is a webbing that when rub can help allergies. I was rubbing it to see if it can help stop a post nasal drip that lasted for years in me and every time I did it my nose got better and better over time so it worked. I wanted to report that the point worked for a severe case of allergies with a post nasal drip that lasted for years.

2. I experimented to see if calcium may work for Costochondritis which has few experiments done on it and after awhile the arthritis went away along with pain in my arms. Sleep and rest also helped and hypnosis suggestions I gave myself seem to have done the trick.

3. I experimented with different styles of reiki and hypnosis on people from 1996 and in 2007 I was able to experiment on a bunch of people to see if reiki and hypnosis worked together to help calm people down and to heal their illnesses and pain. The reiki hypnosis style I used and was my own invention that took parts of other hypnosis and meditation styles to my own. It worked and many people was healed. I used a circle and an x inside for sending all reiki styles and it worked as it healed most people that I used it on.

4. I tried the product Sea silver and it gave me lots of energy.

All of the health experiments seemed to have worked.